

E-Circular
February 9, 2017

Message from the Commander

This week, our attention has been drawn to an issue we are familiar with throughout the CAF and DND — Security. Security Awareness Week (SAW) reminds us that security threats can pop-up anywhere, any time; whether it comes to online security, protected documents, credit card fraud, and more. We are all vulnerable, refreshing our best practices and remaining vigilant is the key to protecting ourselves against security threats. If you are interested in learning more about SAW, there is a [toolkit](#) available with many great resources. I encourage everyone to take a moment to reflect on your security practices, both here on base and in your lives at home.

Last week, tragedy struck our home front when a shooting took place at a mosque in Quebec City. This heinous act shocked Canadians and shook our sense of security. Canadians mourned the loss of six lives as a country, and quickly stood together to show our support for the Muslim community; responding with the love, support, and compassion that makes us proud to call Canada home. Diversity makes us stronger, and that is something we understand and value within the CAF/DND. We also understand the importance of remaining vigilant. What is evident from the outpouring of love and support from Canadians this past week is that we will continue to embrace our diversity and stand together as a country. If we continue to be vigilant and stand together, united, we will be stronger.

Col S.M. Lacroix
Commander, 3 CDSG

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Follow 3 CDSB Edmonton on Social Media!

3 CDSB is on social media! We have re-launched our social media platforms and will continue to keep them up to date with the latest and greatest info as well as respond to questions, queries and concerns.

Facebook: 3rd Canadian Division Support Base Edmonton

Twitter: PAO @3_cdsb (general base account)
Comd @3csdgComd (Commander account)

Edmonton Education Fair: 14 March 2017

The Base Personnel Selection Office will convene an Education Fair. Soldiers, and their families, will have an opportunity to engage over 20+ local and online institutions such as (subject to final confirmation):

High School Upgrading – the Alberta Distance Learning Centre, Outreach High School and St Gabriel Storefront School;

College Education – NAIT, BCIT, NorQuest College, Digital School Technical Design College and Lakeland College; and

University Education – University of Alberta including Faculte Saint-Jean, Royal Roads University, Royal Military College, and Athabasca University.

Other key stakeholders such as the Official Languages, Base Personnel Selection Office, and the Learning and Career Centre will be available to provide information on their services.

Date and Time.

0900 – 1600 hrs, 14 March 2017

Location.

Field House, Base Gym, CFB Edmonton.

Registration.

No prior registration is required. Please feel free to show up anytime between 0900-1530 hrs and register at the door.

Base Personnel Selection Office Contact Information:

Capt Steve MacKillop
CSN: 528-5879
Tel: (780) 973-4011 local 5879
Fax: (780) 973-1620
E-Mail: Stephen.mackillop@forces.gc.ca

BPSO Physical Address

Bldg 407B Korea Rd Second Floor (Lecture Training Facility) Room S210a

III & Injured Programs and Guidance for Supervisors and Administrative Staff

IPSC Edmonton holds information sessions for supervisors of all ranks and all unit administrative staff on the topics listed below on an approximately biweekly basis on Thursdays 0800-1200 hrs. Pre-registration is required.

Location: Bldg 201, Rm 205 IPSC Edmonton (beside Officers' Mess)

Registration:

-via email *+IPSC Edmonton Svcs Sect@IPSC Edmonton@Edmonton*

-via telephone *(780) 973-4011 extn 2520*

JPSU Comprehensive Brief

- ~15 minutes
- JPSU Organization & Responsibilities

CAF Return to Duty Program

- ~30 minutes
- Principles, Objectives and Philosophy of RTD
- Legislation
- Stakeholders and responsibilities
- RTD Framework

Administrative Review/Medical Employment Limitations Brief

- ~1 hour
- Universality of Service (U of S)
- Low risk to breach U of S / High risk to breach U of S
- AR/MEL Advisory Message & AR/MEL Disclosure Package
- Member's Representation

Vocational Rehabilitation Program for Serving Members (VRPSM) – Detailed

- ~90 minutes
- Eligibility
- Medical Release Benefits
- Funding
- Rules & Considerations
- Supporting Documentation
- The VRPSM Application Form

Postings to JPSU

- ~15 minutes
- Criteria
- Benefits
- Documents and Administrative Process

Critical Injury & Disability Benefits from Veterans Affairs Canada

- ~30 minutes
- Overview of Critical Injury Benefit
- Overview of Disability Benefits
- Application process
- Disability Entitlement
- Approvals & denials

IPSC Edmonton Medical Release Planning & Information Session

WHO?

A comprehensive and informative session for CAF members who have an injury or illness that may potentially lead to a medical release.

WHAT?

The following will be covered in DETAIL:

- Services and support available including our Partner Organizations
- Detailed overview of the Administrative Review Medical Employment Limitations (AR/MEL) process, timelines and responsibilities
- Benefits & programs available to CAF members who are being medically released
- Review of the Vocational Rehabilitation Program for Serving Members (VRPSM)
- Review of the benefits and supports available to members after a 3b release from the CAF
- You will be assigned a Services Coordinator from IPSC Edmonton to assist you through the med release process

WHEN?

Sessions are held usually bi-weekly on Tuesdays 1300 – 1600 hrs

WHERE?

IPSC Edmonton (Bldg 201 beside Officer's Mess), Top Floor Room 205

HOW?

Pre-registration is required

Email: +IPSC Edmonton Svcs Sect@IPSC Edmonton@Edmonton

Phone: (780) 973-4011 extn 2520

Spouses/partners are very welcome and must be registered as well due to limited seating

Co-presented with Nurse Case Management, 1 Fd Amb Clinic

Found Property – 3 CDSB Edmonton

The 1 Military Police Regiment Edmonton Platoon hold the following unclaimed found property at Bldg 180, MP Guardhouse

1. Brown hairbrush
2. Black Casio watch with black strap
3. Petsafe electronic device, black with 5 buttons on it
4. Nissan key with remote fob
5. Black framed prescription glasses
6. Brown framed aviator style sunglasses
7. Tissot watch with silver strap
8. Unknown brand name silver watch with silver strap
9. Night Sight black watch
10. Night Sight black watch
11. Wind river black watch
12. Unknown brand name black watch with black strap
13. Timex black watch with black strap
14. Casio sports watch black with black strap
15. Ironman sports watch black with black strap
16. Black framed sunglasses
17. Black framed sunglasses
18. 2 pair of clip-on sunglasses
19. Casio sports watch black with black strap

20. Times Atlantis black watch with black strap
21. Unknown brand name black watch with black strap
22. Black framed sunglasses
23. Black framed sunglasses
24. Black framed sunglasses
25. Swiss army watch with black strap
26. Times Expedition with black strap
27. Sector black with green trim watch with black strap
28. Timex Ironman sports watch black with black strap
29. Gold ring
30. Men's gold ring with small stones in one corner of face
31. Split silver ladies' ring with small stones
32. Man's silver ring, plane no design or stones, thick and heavy
33. Man's silver ring, plane no design or stones, thin and light
34. Man's silver ring, appears to be able to separate it, has design.
35. Silver ring, has fancy engraved design work
36. Man's silver ring, interwoven design.
37. Black framed prescription glasses
38. Thin wire frames prescription glasses
39. White framed safety glasses
40. Black framed sunglasses
41. Brown framed sunglasses
42. Black framed sunglasses with with/silver design on arms
43. Thin wire frames prescription glasses
44. Black framed men's prescription glasses
45. Tri-Circle brass padlock
46. Silver Master padlock
47. Red American combination padlock
48. Master silver combination padlock
49. Unknown brand name combination padlock
50. Dudley silver combination padlock
51. Unknown brand name silver combination padlock
52. Necklace and cross pendant
53. Dog tag style necklace with Cpl Mark Fiset engraved on it
54. Dog tags for A W Goodwin
55. Portraits of Honor dog tag style necklace
56. Dog tags for O.B. Wickramasinghe
57. Gold chain with wings pendant
58. Gold chain
59. Silver chain with four leaf clover pendant
60. Silver chain necklace
61. Gray lace style bracelet
62. Pearl style bracelet with heart pendent
63. Silver bracelet with stars
64. Silver loop earrings
65. Nissan vehicle key
66. Dodge Ram key and remote fob
67. Dodge Ram key and remote fob
68. Key ring with keys and remote fobs for Jeep and Chevrolet vehicles
69. Ford vehicle key with remote fob
70. Numerous keys and tags on a Levis lanyard
71. Hot Stuff key
72. RBSS lanyard with keys
73. Canadian lanyard with keys
74. Oakley lanyard with keys
75. Star wars key

- 76. Honduras key chain keys
- 77. Key for Abus padlock

Arrangements to recover items can be made during between 0800 to 1130 hrs and from 1300 to 1500 hrs, Monday to Friday. Inquiries are to be directed to Commissionaire J. MacPherson at local 4482.

Launch of CAFconnection.ca

The CAFconnection.ca website has been launched!

The objective from the beginning was to develop a user-friendly, mobile-responsive interface for CAF members and their families where all national and local information about morale and welfare programs could be accessed in one single online destination.

The website remains a work in progress, with new content and features being added regularly. Visitors' feedback will be used to further enhance the website moving forward.

Check out the new CAFconnection.ca today!

Women's Wellness Nurse Practitioner Announcement

The 1 Field Ambulance Clinic is pleased to announce that Ms. Susan Poon, Nurse Practitioner, has joined the 1 Field Ambulance team with a mandate to offer services directly related to Women's Health and Wellness. Susan has more than 8 years of experience as a nurse in Women's Wellness including Labor and Delivery, Women's OR, Antepartum, Postpartum and Early Pregnancy Loss at the Royal Alexandra Hospital.

As the Women's Wellness NP, Ms. Poon will work with the CDUs and their collaborative health care teams to provide improved access to gynecological, reproductive and general care and education for women. Services provided can be accessed in two ways:

- 1) Referral from a health care provider who will refer a member for an appointment
- 2) Self-referral — simply ask your CDU clerk to make an appointment for you.

Please feel free to book an appointment with Susan if you would like to discuss topics such as:

- Contraception options (IUD, oral birth control, injections)
- Cervical cancer screening and Pap smear testing
- Pelvic and breast examination
- Concerns regarding menstrual period (irregular, heavy)
- Preconception planning
- Pregnancy and fertility
- Postpartum
- Urge or stress incontinence
- Fibroids and abnormal vaginal bleeding
- Sexually transmitted infections and treatment
- Sexuality and vaginismus
- Menopause

Please feel free to book an appointment with Susan if you would like any of the following services:

- Women's Wellness examinations: cervical cancer screening (PAP Tests), STI testing (screening) and education, birth control counseling, HPV counseling
- Intrauterine device: IUD consultation, assessment, placement, removals

- Confirm pregnancy and initial prenatal screen (labs, ultrasound, initial physical exam)
- Provide prenatal care to low-risk maternity patients until transfer of care to a delivering health care provider (OBGYN, midwife, physician). Transfer of care will be no later than 32 week gestation.
- Postpartum care and follow-up
- Care during miscarriage
- Breast cancer screening and breast pain

Edmonton Garrison Community Library

Story Time with the Base Commander

February 10th // 1030 // Edmonton Garrison Community Library

Bring your 3-10 year old to meet our Base Commander and hear him read a selection of stories chosen by him and the library staff. Refreshments provided.

Lego Club

6:30pm Every Thursday

Come create a masterpiece of your own design or consult one of our Lego guidebooks to build your creation while enjoying the company of fellow Lego users.

Guitar Lessons

4:30pm-7:30pm Wednesdays & Fridays, 9am-11am Saturdays

Whether you are brand new to guitar or have some experience under your belt, we will be glad to help bring your playing to the next level. Each 30 minute lesson will be tailored to individual needs, designed to build confidence and based on a music genre of choice. Ages 6 and up.

\$20 per lesson, \$110 for 6 lessons or \$205 for 12 lessons

Play, Sing, Rhyme & Read

10:30am Every Wednesday

The time between birth and 5 years old is critical for child development. Make the best of this time by bringing your 0-5 year old in for a morning of singing, sign language, free play and literacy development. Older siblings welcome.

Story Time

10:30am Every Friday

Funny stories, silly stories, serious stories, educational stories and every type of story in between will be read. Come join us for laughter and learning every Friday morning. Open to children of all ages.

Edmonton Garrison Climbing Club

Annual General Meeting

- The Club will be holding its Annual General Meeting on Sunday 29 January 2017 at the Garrison Climbing Wall from 1200 hrs to 1300 hrs (followed immediately by the regular Sunday open climbing session)
- Key objectives of the AGM are:
 - Budget presentation and approval for FY 17-18
 - Election of new Executive committee members
 - Solicit membership input regarding outdoor climbing excursions for 2017
- All 5 executive committee positions need to be voted on for the next year and at least 3 members of the executive committee will be stepping down. Prerequisites for positions are as follows:
 - President and Vice President positions - must be a serving Regular Force member
 - Secretary and Treasurer positions – can be a Regular Force or Reserve Force member

- Chief Instructor – must be a CWA or ACMG qualified top-rope and lead instructor
- Anyone wishing to be nominated for one of the above 5 executive positions are to send their names, qualifications, and any other pertinent experience (climbing, NPF, etc) to the undersigned, NLT Monday 16 January 2017
- Non-members are welcome to attend the meeting but must be members to vote (single membership for the Jan-Mar timeframe is only \$9)

Facebook site

- Don't forget to join the Edmonton Garrison Climbing Club facebook site for the most up-to-date information on club activities, wall closures, etc.,
- The Facebook site is also a great venue to connect with other climbers, plan trips, and share information

Open Climbing Hours

- A reminder that open climbing takes place Tuesdays and Thursdays 1730-2030 hrs and Sundays 1300-1600 hrs

New Routes

- Lots of effort being put into setting new routes for the wall (5 new ones just went up in the last few weeks) and efforts will continue to try and keep the routes fresh. Come on out and get on them!!

Contact: egcc.excc@gmail.com or mike.rogers@forces.gc.ca

Pool Closure Amendment

The base gym pool is closed until further notice due to construction.

Our previous agreements with Fountain Park Recreation Centre in St. Albert and the Castledowns YMCA have been suspended. The Base Command Team has opted to alter the terms of their agreement with pools in the local area. We anticipate new agreements will be in place shortly. We apologize for the lapse of service in the interim; however, we expect to have improved service once the new agreements are in place. We appreciate your patience and understanding.

The base gym pool has a scheduled opening date of Summer 2017.

Please direct all further questions regarding the pools and aquatic programs to the Community Recreation Coordinator responsible at 780-973-4011 ext 4653 or haley.kirylyuk@forces.gc.ca.

Community Recreation

February Membership Promotion: First Month FREE when you sign up for Continuous Inclusive Membership

Family Day 2017

Come to the Kingdom of the Edmonton Garrison Feb 20 11:00-3:00! Get locked up in the stocks, enjoy middle-ages inspired food from the EGMGCC, see knights, court jesters, fencing competitions, bouncy castles, and more! Call ext. 4392

Winter Program Registration Now Open!

Register in a wide range of recreation programs for Winter! Call 780-973-4011 ext. 4392 or save \$5.00 if you register on-line at <http://bk.cfpsa.com/edmontonpub>

Self Defence Workshop

Saturday Feb 11, 2017 from 10:00AM - 12:00PM. Register online <http://bk.cfpsa.com/edmontonpub> or call 4392.

Springsations Camp Curiosity

Explore a world of creativity, physical activity and culture through a variety of arts projects, science activities and active games. Monday Mar 27 – 31, 2017. Register at the Fitness Centre front desk or call 4392.

JUMPSTART: Giving Kids a Sporting Chance

Jumpstart is a national charity that focuses on giving all kids the same chance to participate in sports. For more information regarding Jumpstart please go to www.jumpstart.canadiantire.ca Jumpstart applications are available at the Front Desk in the Military Fitness Centre.

Bus Trip to Jasper in February:

We are heading to Jasper this February. This is a great opportunity to ski or snowboard at Marmot Basin! For more details call the Fitness Centre front desk at ext. 4392

Auto Hobby Shop:

Annual General Meeting: Wednesday 8 February at 1800, at the Auto Shop. Call 4694

Oilers Tickets: Last Oilers Game available at a discounted rate!

Oilers VS Stars

14 March 17 (Tuesday) @ 1900hrs

Call the Front Desk for info 780-973-4011 ext 4329

Other Tickets Available: Oil Kings, Edmonton Eskimos, Canadian Finals Rode, Cineplex Odeon, Calgary Zoo, West Edmonton Mall Waterpark & WEM Choice Passes. Call the Fitness Centre Front Desk for details 780-973-4011 ext. 4392

Family Opportunity to Commemorate Vimy Centennial at Silver Skate Festival

In celebration of the 100th Anniversary of Vimy Ridge, the Silver Skate Festival, in partnership with the Veterans Affairs office, is presenting a commemorative snow sculpture of Vimy Ridge created by artists Brian McAthur and Dawn Detarando to be unveiled at a lighting ceremony on the evening of February 9, 2017 at 7:45 pm. in Hawrelak Park. Free hot chocolate will be provided for those in attendance from 7:30 pm to 8:30 pm. If you are unable to attend the opening ceremonies please enjoy the snow sculpture every day from 9 am to 9 pm each day of the festival from February 10-20, 2017.

For more information visit www.silverskatefestival.org or e-mail Captain Rick Dumas (The EDMN R) at Richard.Dumas@forces.gc.ca

Soldier On

Did you know ?

- Soldier On helps those with supports serving members and veterans to overcome their physical or mental health illness or injury through physical activity and sport. I.e Pers with Hearing Aids, Diabetes, PTSD, PCAT, pers with VAC Awards etc.
- Soldier On also has \$1,000 grant program?
- Going on a Soldier On event does not affect your annual leave entitlement?
- You do not have to be on leave from your unit to go on an event?
- You do not have to be posted to the JPSU to go on a Soldier On event?
- You can use the program if you are retired as well?
- Soldier On pays for the participants, R&Q during the event and your flights (as required) ?
- That there are Soldier On events across Canada and in the local area?

- That Soldier On has its own website (www.soldieron.ca), FB page(Soldier On/Sans Limites), Twitter account(@soldieroncan), Flickr (sans limites soldier on) and more Social media offerings?
- There is a guy on base that can answer any questions that you have about the program? His name is Eric at local 3004.
- That the following events are being offered ...

Archery Camp – Edmonton 3, 4 and 6th of April

- This camp is an introduction to archery. It will allow the participant to try the sport before shelling out the big bucks and finding out that it is not for them. It will be conducted through three 1.5hr sessions at a local archery lane where professional guides will assist the participant with the kit and instruction.

Regional Hiking Camp: Vancouver Island, BC – 30 Apr-06 May 2017

- Soldier On will be holding the Western Regional Hiking Camp from April 30-May 6, 2017, on the Juan de Fuca trail on Vancouver Island, British Columbia. This activity is for both serving and Veteran physical and/or mental health ill/injured members to use sport as part of their recovery, rehabilitation, and reintegration. Ill/injured members will conduct a series of hikes on Vancouver Island Trailhead to the various campsites on a well-established trail system. All transportation and guiding fees for this event are paid for by the Soldier On Fund.

RCAF Run - 28 May 2017

- The RCAF Run will be hosting a Soldier On contingent! You can register now for the 5km, 10km Relay or Half-Marathon routes. This event promotes the esprit de corps of the Canadian Armed Forces, the Royal Canadian Air Force and all members, serving or retired. Come run, walk, roll, and challenge yourself! (Apply until 21 April)

National Golf Camp 30 May – 06 June 2017

- Soldier On will be holding a Golf Camp in the Greater Toronto Area (GTA), from 30 May-06 June 2017 (TBC). This activity is an important event for the CAF and Soldier On, bringing together both serving and retired ill/injured CAF members. The Golf Camp will consist of daily golf and world-class instruction to 18 successful ill/injured applicants. All transportation and R&Q is covered. This does not affect your annual leave plan.

Please contact your Chain-of-Command or contact Eric at the Soldier On Office at 780-973-4011 Ext 3004 for more information on how to apply

St. Albert Road Race

St. Albert Road Race
Sunday, April 23, 2017

- 1 km kids fun run
- 5 km road race
- 10 km road race
- 10 mile road race

Register at www.activephysioworks.com

100% of proceeds go to You Can Ride 2. All children deserve the opportunity to experience the joy and freedom of riding a bike.

Health Promotion

PLEASE NOTE: THERE WILL BE NO BUTT OUT SERVICES AVAILABLE ON MONDAY 20 FEBRUARY. Regular Butt Out drop ins will resume Monday 27 February.

All HP courses are open & free to all CAF members, retired members, DND & NPF employees and family members. Minimum numbers must be reached prior to registration deadlines. Health Promotion is located in Bldg 161 room 29. Register by email healthpromotionedmonton@forces.gc.ca or ext 6146.

Safety Belts: We have received some more reflective safety belts from Ottawa. These are available FREE for CAF members. Please don't let an accident happen because of exercising in low light conditions. Be safe, be seen.

Stress: Take Charge! 14 & 15 February, 0830-1600 hrs. This course takes a self-directed approach to stress management through self-awareness, behaviour change and skill building. It will support participants in their identification of the strategies that they already use and those that they will begin to implement in order to optimize their stress hardiness.

Managing Angry Moments – 24 February – 31 March – (6 Fridays) 0900-1200 hrs. This series of workshops tackle difficult issues, strong emotions and personal beliefs. You will learn skills and strategies to help reduce anxiety and stress, improve physical, mental and spiritual wellness, and strengthen relationships. MAM is neither a counselling nor a treatment program. Through education, it aims to help you identify the specific situations that provoke your anger and determine coping mechanisms that will work for you.

Alcohol, Other Drugs, Gaming and Gambling – 21 & 22 February 0830-1600 hrs. This is a required course for all military members MCpl and above. Helps supervisors recognize signs and symptoms of alcohol, drug and gambling misuse/abuse and the procedures to effectively deal with such incidences. Course Coded.

Military Family Resource Centre (MFRC)

Register for MFRC Programs by calling (780) 973-4011 ext. 6300

Deployment Pizza/Movie Night - The Secret Life of Pets | Feb. 16 | 6:00 pm | MFRC

This month The Secret Life of Pets will be shown. Join us and enjoy a family movie, pizza, refreshments and, of course, popcorn! Register by Feb 14.

Lil' Picasso | Mondays, Feb. 27 - Mar. 20 | 3:30 – 5:00 pm | \$25.00 per child | MFRC

Ages: 6 to 8 years

This class environment will offer your young child experience with creative and expressive art making! Please bring a paint shirt. Register by Feb 13.

Standard First Aid, CPR C & AED | March 4 & 5 | 8:00 am - 4:00 pm both days | \$95.00 | MFRC

An instructor from St. John Ambulance will cover all the skills in Emergency First Aid plus first aid for other injuries and illnesses including head and spinal injuries, fractures of the upper and lower limbs. This course includes Level C CPR training and certification (Adult, Child, Infant, and 2-rescuer resuscitation) and AED training and certification. Participants must be 12 years of age or older. Register by Feb 24.

Women's Conference | March 18 | 1:00 – 7:00 pm | Early Bird \$25 after March 6 \$35 | Warrant Officers' & Sergeants' Mess

A conference for women of the Edmonton Garrison Community focused on "YOU" - the resilient, adaptable, resourceful, strong woman that you are. Join a community of your peers to listen, discover, and bond. Be motivated and inspired by our speakers who will share their successes. Attend three 1-hour workshops of your choosing and browse various booths showcasing employment possibilities and resources. The evening will be topped off with a catered dinner. To register or for more information www.cafconnection.ca/Edmonton/WomensConference

Find out more www.cafconnection.ca/Edmonton/Home.aspx

Learning and Career Centre

Register for these upcoming sessions through your unit Training Coordinator.

Career Boot Camp 2017
Canada School of Public Service "NEW"

16 Feb 2017 | Timings/Topics See Below

The Career Boot Camp 2017 will support you in redefining and revitalizing your career path in the public service and navigating your way to success.

Jointly hosted by the Federal Youth Network and the Canada School of Public Service, in partnership with Shared Services Canada, Career Boot Camp 2017 promises to be more innovative and interconnected than ever!

Come and hear motivating speeches, join exciting panel discussions and participate in exclusive workshops delivered by the best and the brightest in the public service and beyond. Get inspired by exploring topics such as networking, results and delivery, agility and mobility in the workplace, engagement through creativity and much more.

CSPC Webcast May be Viewed at the LCC Edmonton Main Classroom. Please join us for the whole event or the topic of your choice.

Topics and Timings:

9:30-10:45	Canada 150 – Canada's Priorities and Public Servants
10:45-11:00	The Future Begins With You
11:00-12:00	150 Ways to Work for Passion Not Pension
12:00-1:00	Responding to Change
2:15-3:00	Canada 150 Federal Secretariat
3:00-4:00	Branding Yourself – Build Your Image
4:15-4:55	Celebrating Diversity and Youth in the Public Service

Orientation Program for New Civilian Employees

23 February 2017 |08:00-16:00
HRMS=300053 |Session #0291

This course introduces new civilian employees to the culture and environment of the Department of National Defence and the Canadian Armed Forces.

Pay Information Sessions for Employees & Managers

All Virtual Sessions below:
Employees 27 Feb & 28 Feb 0930-1100
Managers: 28 Feb & 21 Mar 0930-1100

These Sessions are about the Phoenix pay System.

Information on courses: [Learning and Career Centres or contact us at EdmLCC.CAC@forces.gc.ca](mailto:EdmLCC.CAC@forces.gc.ca)

Military Sports

3 CDSB EDMONTON

Base Teams For Winter Season

Sport	OPI	Practices
Hockey (M)	WO Zebinski - HQ & Sigs	Thurs 2030-2200hrs / Sat 1915-2045hrs – B Rink
Hockey (W)	WO Haché - 1 Svc Bn	Mon 1900-2030hrs / Tues 1600-1715hrs - B Rink
Hockey (OT)	MCpl Dobson - LdSH(RC)	Mon 1600-1715hrs / Thurs 1600-1715hrs - B Rink
Basketball	WO Henry – 1 PPCLI	Tues 1630-1830hrs – Upper Gym
Volleyball (M)	Cpl Ward – 3 CDSG Sigs Sqn	Mon 1630-1830hrs – Upper Gym
Volleyball (W)	MCpl Mitchell – HQ & Sigs	Thurs – 1630-1830hrs – Upper Gym

Accomplishments

A huge congratulations is in order to both the Old Timers and Men's Hockey teams on winning their respective Prairie Region Hockey Championships! Good luck to both teams at Nationals.

Events

Attn Women's Basketball players: Prairie Regional Development Women's Basketball Camp will be taking place in Edmonton, 21 – 24 Feb. For more information or to express interest in participating please contact the Military Sports Dept.

For any other Military Sports inquiries, please contact Alyson Hodgson at alyson.hodgson2@forces.gc.ca (x4322 or